

# Lesson 16: Log-binomial Regression

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# Learning Objectives

1. Revisit the key distinctions between logistic and log-binomial regression.
2. Interpret and visualize coefficient estimates, risk ratios, and predicted probabilities.

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# Log-binomial Regression

- **Outcome type:** binary, yes or no

- **Example outcomes:**

- Food insecurity
- Disease diagnosis for patient
- Fracture

- **Population model**

$$\log(\mu) = \beta_0 + \beta_1 X$$

- **Interpretations**

- We have log of probability on the left
- So exponential of our coefficients will be **risk ratio**

# Logistic regression vs. log-binomial regression

- Outcome is the same: still a binary variable

- Still modeling with probability of event:  $P(Y = 1|X)$

- Logistic = logit = log of odds

- Aim to get **odds ratios** for interpretation (exponential of coefficients)

- You can convert the odds ratios to risk ratios \*

STATS

- Log-binomial = log of probability

- Aim to get risk ratio or prevalence ratio (exponential of coefficients)

EPI

- Disadvantage of log-binomial

$[0, \infty)$

- Left hand side (aka  $\log(\pi(X))$ ) is only a positive value, while right hand side can range from  $-\infty$  to  $\infty$

systematic

- Prone to issues while trying to fit the model!

depending on your predictors

## A few classes ago: GLOW Study with interactions

- **Outcome variable:** any fracture in the first year of follow up (FRACTURE: 0 or 1)
  - **Risk factor/variable of interest:** history of prior fracture (PRIORFRAC: 0 or 1)
  - **Potential confounder or effect modifier:** age (AGE, a continuous variable)
- 
- Fit a **logistic regression** model with interactions:

$$\text{logit}(\pi(\mathbf{X})) = \beta_0 + \beta_1 \cdot I(\text{PF} = \text{"Yes"}) + \beta_2 \cdot \text{Age} + \beta_3 \cdot I(\text{PF} = \text{"Yes"}) \cdot \text{Age}$$

$$\text{logit}(\hat{\pi}(\mathbf{X})) = \hat{\beta}_0 + \hat{\beta}_1 \cdot I(\text{PF} = \text{"Yes"}) + \hat{\beta}_2 \cdot \text{Age} + \hat{\beta}_3 \cdot I(\text{PF} = \text{"Yes"}) \cdot \text{Age}$$

$$\text{logit}(\hat{\pi}(\mathbf{X})) = -1.376 + 1.002 \cdot I(\text{PF} = \text{"Yes"}) + 0.063 \cdot \text{Age} - 0.057 \cdot I(\text{PF} = \text{"Yes"}) \cdot \text{Age}$$

# Logistic regression: Reporting results of GLOW Study with interactions

- Remember our main covariate is prior fracture, so we want to focus on how age changes the relationship between prior fracture and a new fracture!

For individuals 69 years old, the estimated odds of a new fracture for individuals with prior fracture is 2.72 times the estimated odds of a new fracture for individuals with no prior fracture (95% CI: 1.70, 4.35). As seen in Figure 1 (a), the odds ratio of a new fracture when comparing prior fracture status decreases with age, indicating that the effect of prior fractures on new fractures decreases as individuals get older. In Figure 1 (b), it is evident that for both prior fracture statuses, the predicted probability of a new fracture increases as age increases. However, the predicted probability of new fracture for those without a prior fracture increases at a higher rate than that of individuals with a prior fracture. Thus, the predicted probabilities of a new fracture converge at age [insert age here].

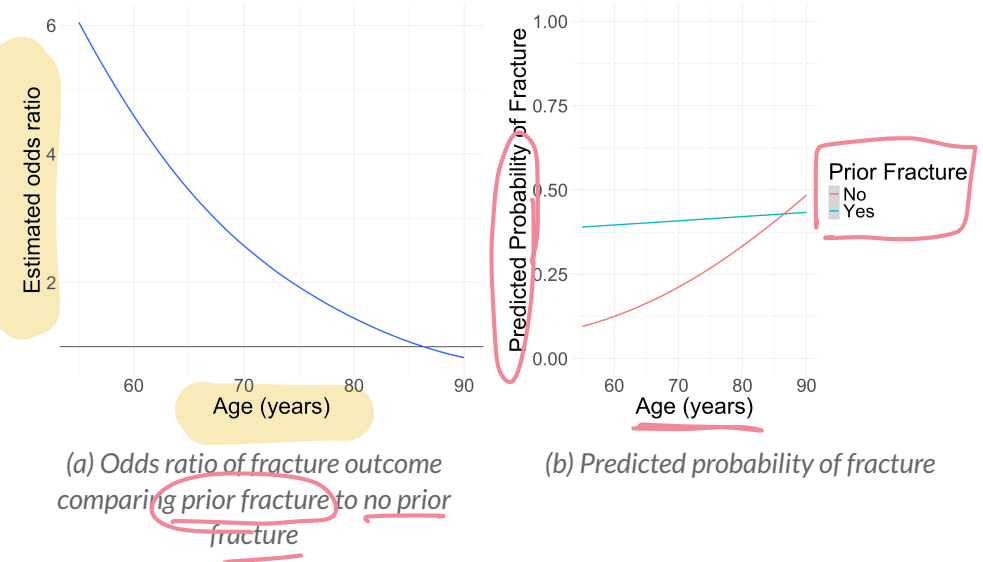


Figure 1: Plots of odds ratio and predicted probability from fitted interaction model

# What would a log-binomial equivalent look like?

- For the same GLOW data, we could fit a log-binomial model:

*link fn*

$$\log(\hat{\pi}(\mathbf{X})) = \hat{\beta}_0 + \hat{\beta}_1 \cdot I(\text{PF} = \text{"Yes"}) + \hat{\beta}_2 \cdot \text{Age} + \hat{\beta}_3 \cdot I(\text{PF} = \text{"Yes"}) \cdot \text{Age}$$

- What does this look like in the `glm` function?

```
1 glow_log_binom = glow %>% glm(formula = fracture ~ priorfrac + age_c + priorfrac*age_c,  
2 family = binomial(link = "log"))
```

## ► Table for coefficient estimates

|                 | term               | estimate | std.error | statistic | p.value | conf.low | conf.high |
|-----------------|--------------------|----------|-----------|-----------|---------|----------|-----------|
| $\hat{\beta}_0$ | (Intercept)        | -1.625   | 0.106     | -15.269   | 0.000   | -1.846   | -1.427    |
| $\hat{\beta}_1$ | priorfracYes       | 0.727    | 0.159     | 4.570     | 0.000   | 0.404    | 1.034     |
| $\hat{\beta}_2$ | age_c              | 0.046    | 0.011     | 4.217     | 0.000   | 0.025    | 0.066     |
| $\hat{\beta}_3$ | priorfracYes:age_c | -0.043   | 0.016     | -2.710    | 0.007   | -0.074   | -0.012    |



## Let's start with a model with main effects only

- Just so we have a simpler model as we first demonstrate the log-binomial:

$$\log(\hat{\pi}(\mathbf{X})) = \hat{\beta}_0 + \hat{\beta}_1 \cdot I(\text{PF} = \text{"Yes"}) + \hat{\beta}_2 \cdot \text{Age}$$

- Run a logistic regression model using `glm()`: works!

```
1 glow2_logistic = glow %>%  
2   glm(formula = fracture ~ priorfrac + age_c,  
3       family = binomial)
```

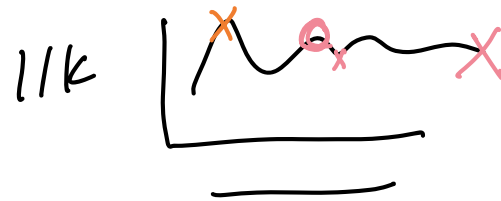
- Run a log-binomial model using `glm()`: does not work!

```
1 glow2_log_binom = glow %>%  
2   glm(formula = fracture ~ priorfrac + age_c,  
3       family = binomial(link = "log"))
```

Error: no valid set of coefficients has been found: please supply starting values

## How to fix this?

- We can fit the log-binomial model using `logbin()`
  - This function uses something called the EM algorithm to fit the data
  - Recall that `glm` uses an iteratively reweighted least squares algorithm



$$\log(\pi) \in [0, \infty)$$

```
1 glow2_log_binom = logbin(formula = fracture ~ priorfrac + age_c,  
2 data = glow)
```

- Using `logbin` instead of `glm` will often fix the issue with fitting
    - But it does not work 100% of the time!
- Table for coefficient estimates from `logbin()`

| term         | estimate | std.error | statistic | p.value | conf.low | conf.high |
|--------------|----------|-----------|-----------|---------|----------|-----------|
| (Intercept)  | -1.595   | 0.103     | -15.428   | 0.000   | -1.798   | -1.393    |
| priorfracYes | 0.545    | 0.159     | 3.416     | 0.001   | 0.232    | 0.857     |
| age_c        | 0.026    | 0.008     | 3.104     | 0.002   | 0.009    | 0.042     |

## Model tests: same as logistic regression

- We would go through the same procedure as logistic regression
  - Because both models are rooted in the likelihood function!
- Use LRT to test multiple variables OR one categorical variable with multiple levels  
↳ nested models
- Use Wald test to construct confidence intervals
  - Or test one continuous or one binary variable

# Learning Objectives

1. Revisit the key distinctions between logistic and log-binomial regression.

2. Interpret and visualize coefficient estimates, risk ratios, and predicted probabilities.

# Interpreting risk ratios from log-binomial regression

- Let's say we ran the following model:

$$\log(\hat{\pi}(\mathbf{X})) = \hat{\beta}_0 + \hat{\beta}_1 \cdot I(\text{PF} = \text{"Yes"}) + \hat{\beta}_2 \cdot \text{Age}$$

- $\exp(\hat{\beta}_0)$ : The estimated risk of fracture (outcome event) for someone who had no prior fracture and is the mean age of 69 years old  
 $\hat{\pi} \text{ PF is } \exp(\hat{\beta}_1) \text{ times } \hat{\pi} \text{ no PF}$
- $\exp(\hat{\beta}_1)$ : The estimated risk of fracture for someone who had a prior fracture is  $\exp(\hat{\beta}_1)$  times the estimated risk of fracture for someone who did not have a prior fracture (adjusting for age)
- $\exp(\hat{\beta}_2)$ : For every one year increase in age, the estimated risk of fracture increases  $\exp(\hat{\beta}_2)$  times, adjusting for prior fracture.

\*Recall that once I estimate the coefficients, my interpretations need to reflect that they are estimated by saying "estimated risk"

## Interpretation of risk ratio: no interactions (1/2)

- If we have no interactions in the model (using `logbin`):

```
1 glow_main = logbin(formula = fracture ~ priorfrac + age_c, data = glow)
```

- Look at the exponential of the coefficients (risk ratio):

```
1 tidy(glow_main, conf.int = T, exponentiate = T) %>%  
2   gt() %>%  
3   tab_options(table.font.size = 35) %>%  
4   fmt_number(decimals = 3)
```

|                       | term         | estimate | std.error | statistic | p.value | conf.low | conf.high |
|-----------------------|--------------|----------|-----------|-----------|---------|----------|-----------|
| $\exp(\hat{\beta}_0)$ | (Intercept)  | 0.203    | 0.103     | -15.428   | 0.000   | 0.166    | 0.248     |
| $\exp(\hat{\beta}_1)$ | priorfracYes | 1.724    | 0.159     | 3.416     | 0.001   | 1.261    | 2.356     |
| $\exp(\hat{\beta}_2)$ | age_c        | 1.026    | 0.008     | 3.104     | 0.002   | 1.010    | 1.043     |

$(\hat{\pi}(PF))$  is 1.72 times  $\hat{\pi}(no PF)$   
→ estimated risk of fracture for someone who had prior fracture is 1.72 times that of someone w/out PF.

## Interpretation of risk ratio: no interactions (2/2)

| term         | estimate | std.error | statistic | p.value | conf.low | conf.high |
|--------------|----------|-----------|-----------|---------|----------|-----------|
| (Intercept)  | 0.203    | 0.103     | -15.428   | 0.000   | 0.166    | 0.248     |
| priorfracYes | 1.724    | 0.159     | 3.416     | 0.001   | 1.261    | 2.356     |
| age_c        | 1.026    | 0.008     | 3.104     | 0.002   | 1.010    | 1.043     |

- $\exp(\hat{\beta}_0)$ : The estimated risk of fracture is 0.2 for someone who had no prior fracture and is the mean age of 69 years old
- $\exp(\hat{\beta}_1)$ : The estimated risk of fracture for someone who had a prior fracture is 1.72 times the estimated risk of fracture for someone who did not have a prior fracture, adjusting for age.
- $\exp(\hat{\beta}_2)$ : For every one year increase in age, the estimated risk of fracture is 1.03 times, adjusting for prior fracture.  
*increases by 3%*
  - OR: For every one year increase in age, the estimated risk of fracture increases 2.61%, adjusting for prior fracture.

# Visualization: We can look at the log-risk

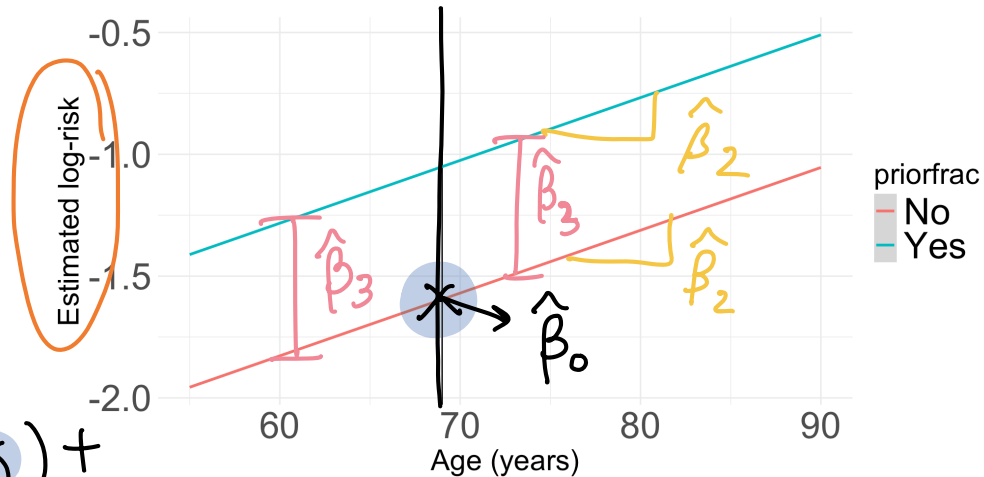
- This will help us understand the model that we fit
- Ultimately, we do not need a visualization of the risk ratio because the main effects model is constant across age

## ► Table of coefficient estimates

| term         | estimate | std.error | statistic | p.value |
|--------------|----------|-----------|-----------|---------|
| (Intercept)  | -1.595   | 0.103     | -15.428   | 0.000   |
| priorfracYes | 0.545    | 0.159     | 3.416     | 0.001   |
| age_c        | 0.026    | 0.008     | 3.104     | 0.002   |

$$\log(\hat{\pi}(x)) = \hat{\beta}_0 + \hat{\beta}_1 I(PF=Yes) + \hat{\beta}_2 \text{Age}$$

## ► Code to make the following plot





# Interactions: interpretations and visualizations

$$\log(\hat{\pi}(\mathbf{X})) = \hat{\beta}_0 + \hat{\beta}_1 \cdot I(\text{PF} = \text{"Yes"}) + \hat{\beta}_2 \cdot \text{Age} + \hat{\beta}_3 \cdot I(\text{PF} = \text{"Yes"}) \cdot \text{Age}$$

```
1 glow3 = glow %>%
2   mutate(interaction_PF_age = as.numeric(priorfrac)*age_c)
3
4 glow2_log_binom = logbin(formula = fracture ~ priorfrac + age_c + interaction_PF_age,
5   data = glow3)
6
7 tidy(glow2_log_binom, conf.int = T) %>%
8   gt() %>%
9   tab_options(table.font.size = 30) %>%
10  fmt_number(decimals = 3)
```

*priorfrac \* age\_c*

|                 | term               | estimate | std.error | statistic | p.value | conf.low | conf.high |
|-----------------|--------------------|----------|-----------|-----------|---------|----------|-----------|
| $\hat{\beta}_0$ | (Intercept)        | -1.596   | 0.104     | -15.414   | 0.000   | -1.799   | -1.393    |
| $\hat{\beta}_1$ | priorfracYes       | 0.576    | 0.170     | 3.382     | 0.001   | 0.242    | 0.910     |
| $\hat{\beta}_2$ | age_c              | 0.037    | 0.026     | 1.440     | 0.150   | -0.013   | 0.088     |
| $\hat{\beta}_3$ | interaction_PF_age | -0.009   | 0.017     | -0.546    | 0.585   | -0.042   | 0.023     |

## Visualization of interaction: We can look at the log-risk

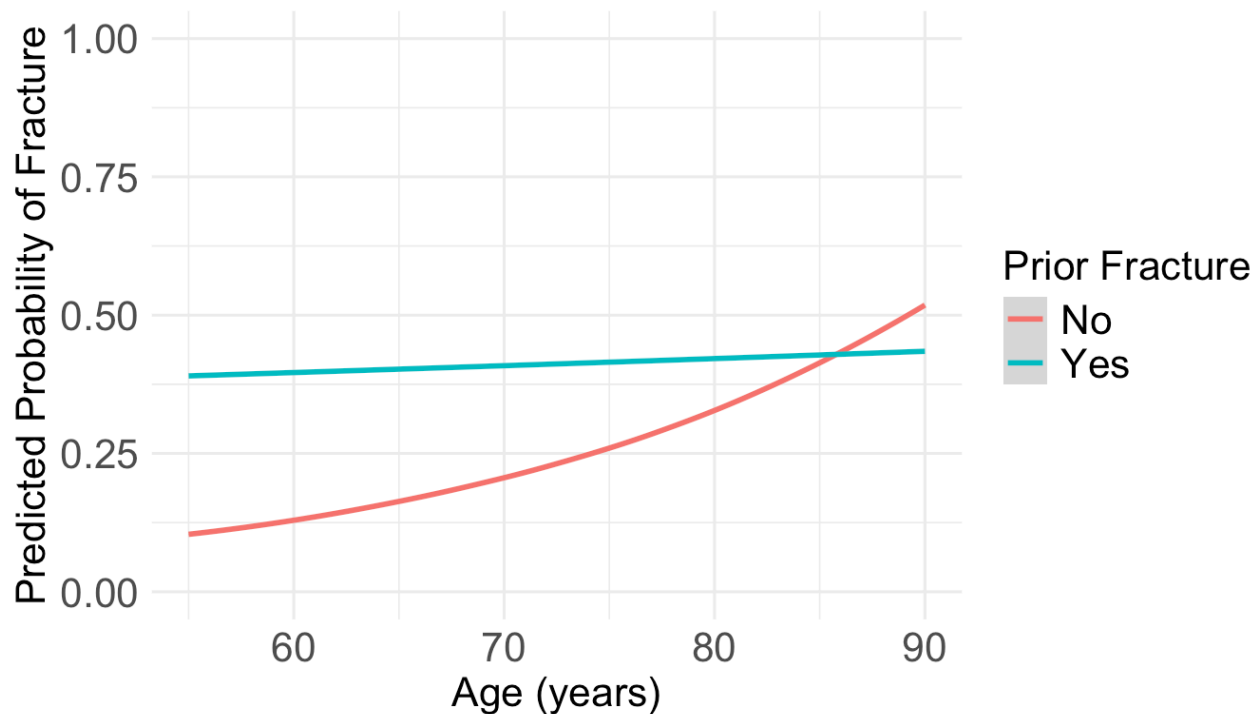
- Table of coefficient estimates

| term               | estimate | std.error | statistic | p.value |
|--------------------|----------|-----------|-----------|---------|
| (Intercept)        | -1.596   | 0.104     | -15.414   | 0.000   |
| priorfracYes       | 0.576    | 0.170     | 3.382     | 0.001   |
| age_c              | 0.037    | 0.026     | 1.440     | 0.150   |
| interaction_PF_age | -0.009   | 0.017     | -0.546    | 0.585   |

diff b/w  
log-risk  
comparing PF  
to No PF  
(@ mean age)

# Predicted probabilities and visualizations

- Does this look familiar?? It should!
  - The predicted probabilities from the logistic regression and the log-binomial regression should be the same!
- Code to make the following plot



# Final words on log-binomial vs logistic

- Log-binomial is more common in field of Epidemiology
- I prefer to use logistic regression because it is more stable AND I can calculate risk ratio from my odds ratio and predicted probability
- If you use  $OR \approx RR$ , then logistic regression will over-estimate the RR
  - BUT you can still use logistic regression to calculate the RR
  - Find the predicted probabilities for two groups you are comparing and then calculate the RR

## More resources

- [Log-binomial models: exploring failed convergence](#)
- [Parameter estimation and goodness-of-fit in log binomial regression](#)
  - Needs PSU login for full access