

# Lesson 1: Data collection

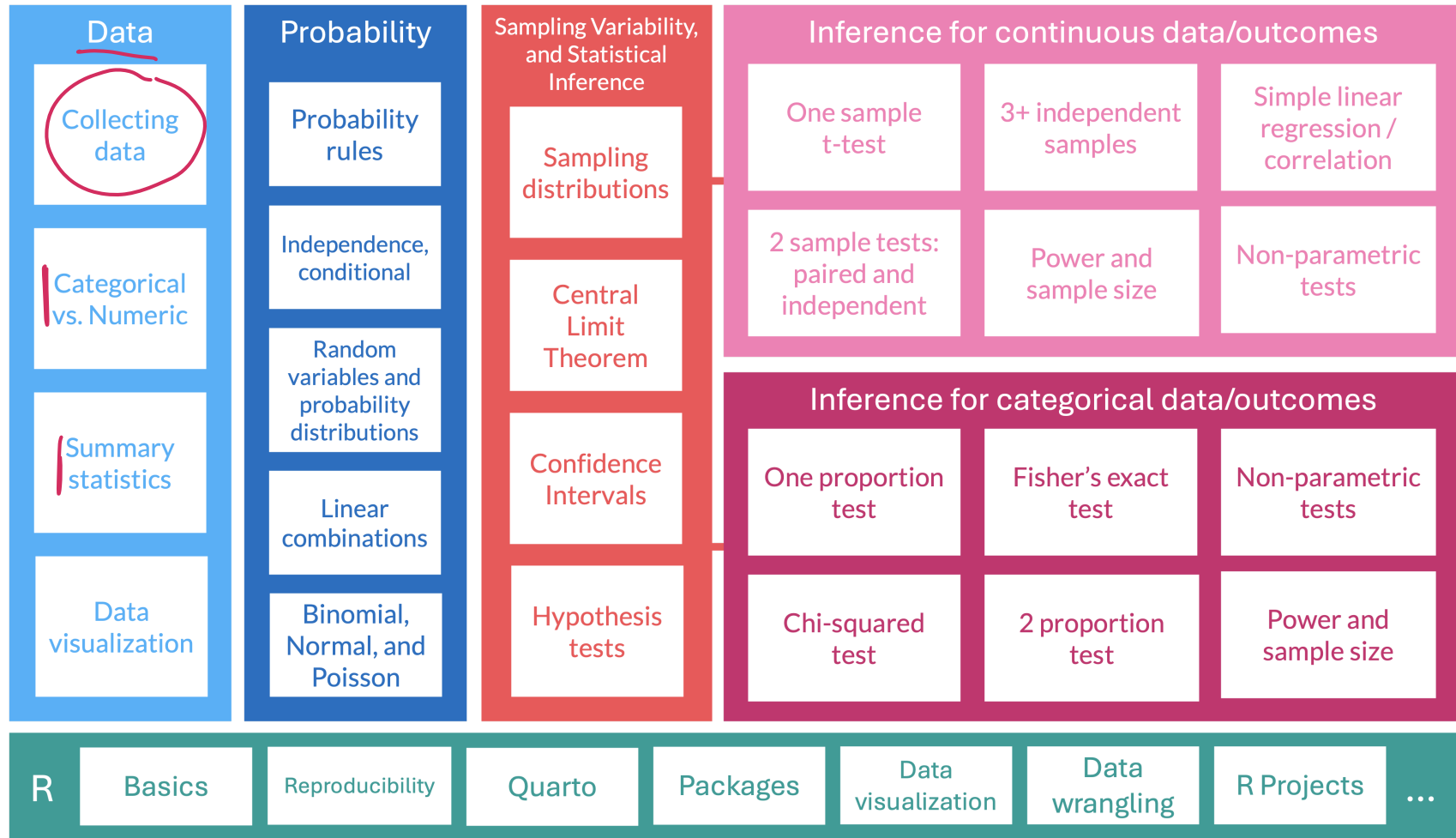
Nicky Wakim, Meike Niederhausen

2024-09-30

# Learning Objectives

1. Define and compare a target population and its sample.
2. Explain different sampling methods and understand their advantages.
3. Define and compare experiments and observational studies.

# Where are we?



# Learning Objectives

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# Poll Everywhere Question 1

# Asking a question

- Data provide evidence that help us answer questions
- But we need to start with a clearly articulated question
- In this class, we will be working towards **articulating our questions** and **systemically answering them with data**
- How do we formulate a clearly articulated question?

# Examples of questions

1. Do bluefin tuna from the Atlantic Ocean have particularly high levels of mercury, such that they are unsafe for human consumption?
2. For infants predisposed to developing a peanut allergy, is there evidence that introducing peanut products early in life is an effective strategy for reducing the risk of developing a peanut allergy?
3. Does a recently developed drug designed to treat glioblastoma, a form of brain cancer, appear more effective at inducing tumor shrinkage than the drug currently on the market?

# Population vs. sample

## (Target) Population

- Group of interest being studied
- Group from which the sample is selected
  - Studies often have *inclusion* and/or *exclusion* criteria
- Almost always too expensive or logistically impossible to collect data for every case in a population

## Sample

- Group on which data are collected
- Often a **small subset** of the population
- Easier to collect data on
- If we do it right, we might be able to answer our question about the target population



# Identifying the target population


Let's focus on the second research question:

2. For infants predisposed to developing a peanut allergy, is there evidence that introducing peanut products early in life is an effective strategy for reducing the risk of developing a peanut allergy?

## Poll Everywhere Question 2

14:15 Mon Sep 30


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What is the target population for the below research question?  
For infants predisposed to developing a peanut allergy, is there evidence that introducing peanut products early in life is an effective strategy for reducing risk of peanut allergy?

Predisposed infants

Infants predisposed to developing a peanut allergy




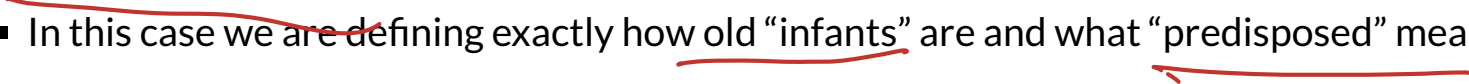
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# Identifying the target population

Let's focus on the second research question:

2. For infants predisposed to developing a peanut allergy, is there evidence that introducing peanut products early in life is an effective strategy for reducing the risk of developing a peanut allergy?

What is the target population here?

- Infants predisposed to developing a peanut allergy 
- We could get more specific with “Infants aged 0 to 5 years old” or “Infants aged 0 to 5 years old who have eczema, egg allergy, or both” 
- In this case we are defining exactly how old “infants” are and what “predisposed” means 

# From target population to sample

- Once we have a well articulated target population, we have inclusion or exclusion criteria for individuals
- Now we can start sampling from our target population...

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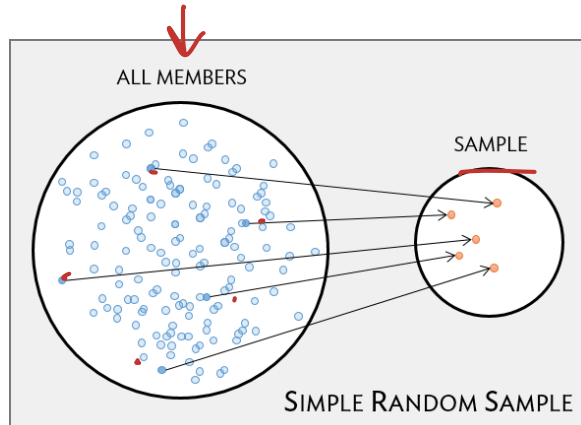
# Sampling

- Goal is to get a **representative** sample of the population: the characteristics of the sample are similar to the characteristics of the population
- There are different ways to sample from a target population
- Types of sampling that we discuss
  - Simple random sample (SRS)
  - Convenient sample
  - Stratified sample
  - Cluster sample
  - Multistage sample

# Sampling methods: Basic approaches

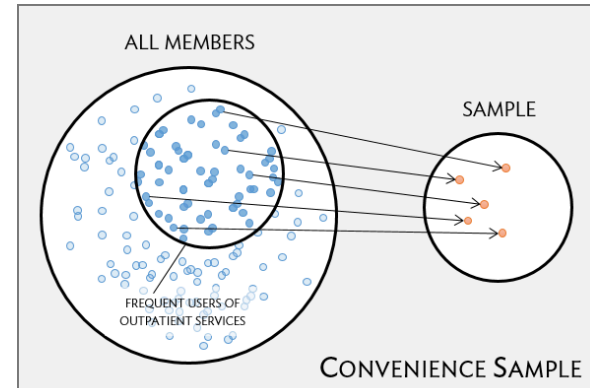
## Simple random sample (SRS)

- Each individual of a population has the same chance of being sampled
- Randomly sampled
- Considered best way to sample



## Convenience sample

- Easily accessible individuals are more likely to be included in the sample than other individuals
- A common “pitfall”

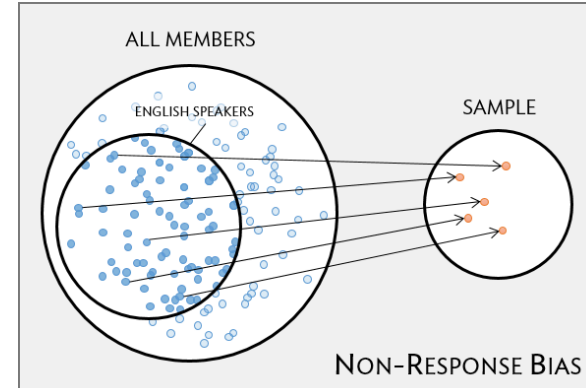


# Potential bias with sampling

*Good sampling plans don't guarantee samples representative of the population*

## Non-response bias

- Are all groups within a population being reached?
- Unrepresentative sample can skew results
- Example: survey only administered in English can lead to non-response bias that under-represents individuals who do not fluently speak English
  - Here, bias is stemming from an oversight on the way we are administering our survey (not from the sampling mechanism itself)





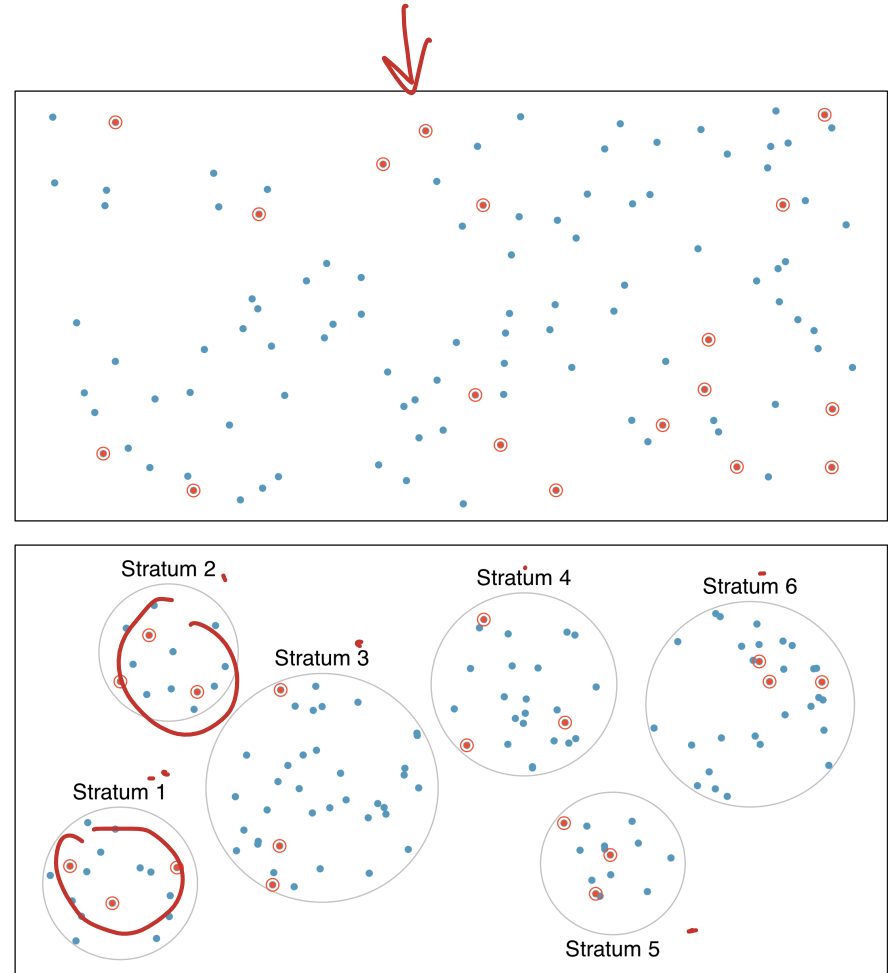
# Another potential when sampling

## “Random” samples can be unrepresentative by random chance

- In a simple random sample (SRS), each case in the population has an equal chance of being included in the sample
- But by random chance alone a random sample might contain a higher proportion of one group over another
- Example: a SRS might by chance include 70% men (unlikely, but theoretically possible)
- If it is important for our data to represent specific groups (to answer our research question), then we may consider more complex sampling methods

# Sampling methods (3/4)

- Simple random sample (SRS)
  - Each individual of a population has the *same chance* of being sampled
  - *Statistical methods taught in this class assume a SRS!*
- Stratified sampling
  - Divide population into groups (strata) before selecting cases within each stratum (often via SRS)
  - Usually cases within a strata are similar, but are different from other strata with respect to the outcome of interest, such as gender or age groups



# Sampling methods (4/4)

- Cluster sample

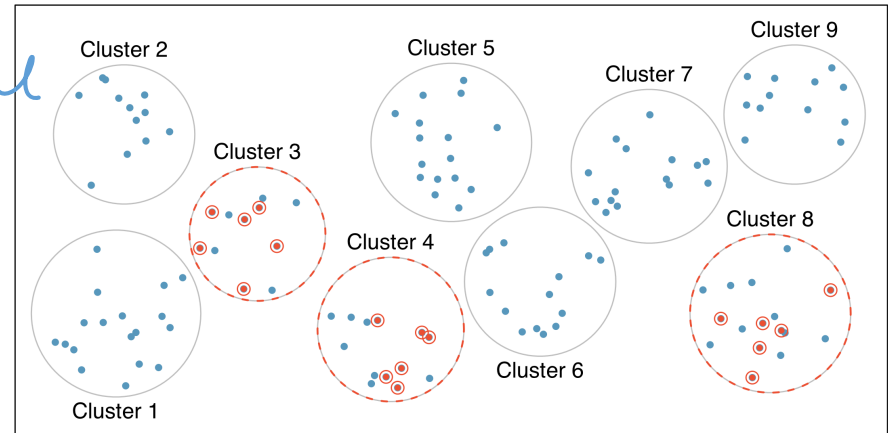
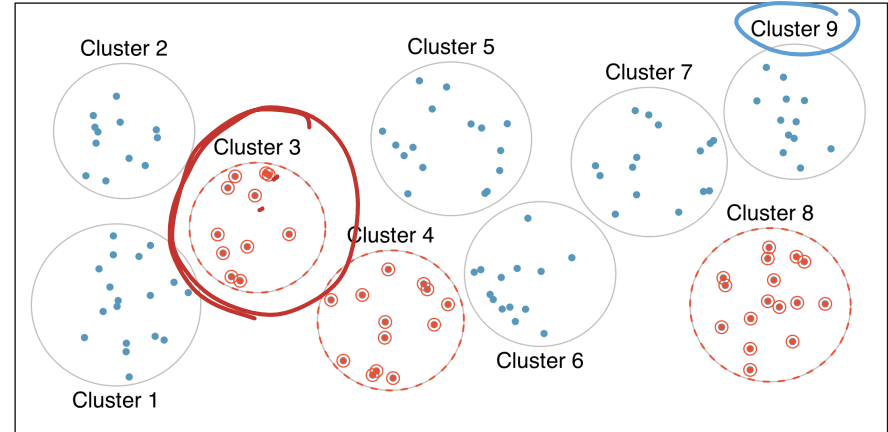
- First divide population into groups (clusters)
- Then sample a fixed number of clusters, and include *all* observations from chosen clusters
- Clusters are often hospitals, clinicians, schools, etc., where each cluster will have similar services/policies/ etc.
- Cases within clusters usually very diverse

- Multistage sample

*★ another example*

- Similar to a cluster sample, but select a random sample within each selected cluster instead of all individuals


*strat by county  
then county was our cluster*



# Poll Everywhere Question 3

14:40 Mon Sep 30

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**Which of the following best describes the main difference between cluster sampling and stratified sampling? (This question was made using ChatGPT)**

Cluster sampling involves dividing the population into subgroups based on a specific characteristic, while stratified sampling involves random sampling within each subgroup.	4%
Cluster sampling selects individuals from all subgroups, while stratified sampling selects entire subgroups.	0%
Cluster sampling selects random groups (clusters) and samples all individuals within the selected groups, while stratified sampling selects individuals from all subgroups. ✓	96%
In cluster sampling, the entire population is surveyed, while in stratified sampling, only a few individuals from the population are surveyed.	0%

3 / 4

Instructions Responses **Correctness** More Clear responses Exit

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# Two basic study designs

## Experiment

Researchers directly influence how data arise

- Such as: assigning groups of individuals to different treatments and assessing how the outcome varies across treatment groups
- Three major parts to an experiment
  - Control
  - Randomization
  - Replication

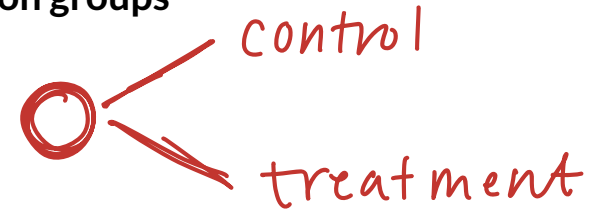
## Observational study

Researchers merely observe and record data, without interfering with how the data arise

- For example, to investigate why certain diseases develop, researchers might collect data by conducting surveys, reviewing medical records, or following a cohort of many similar individuals.
- Often the only available way to study your research question
  - Due to ethical considerations, funds, or availability of data

# Experiments (1/2)

- Researchers assign individuals to different **treatment** or **intervention groups**
    - **Control group**: often receive a **placebo** or usual care
    - Different treatment groups are often called study arms
  - **Randomization**
    - Group assignment is usually random to ensure similar (balanced) study arms for all variables (observed and unobserved)
    - Randomization allows study arm differences in outcomes to be attributed to treatment rather than variability in patient characteristics
      - Treatment is the only systematic difference between groups
- Establish causality
- Different than random sampling! Once we have the sample, then we randomize!!



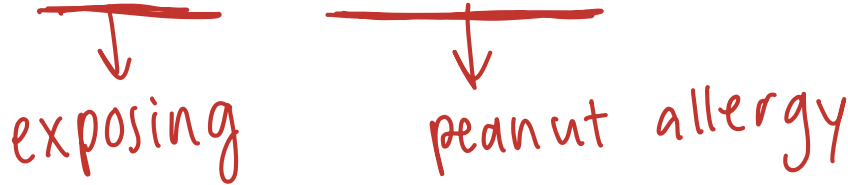
# Experiments (2/2)

- Replication
  - Accomplished by collecting a sufficiently large sample
  - Results usually more reliable with a large sample size
    - Often less variability
    - More likely to be representative of population
- Some studies are not ethical to carry out as experiments



# Observational studies

- Data are observed and recorded without interference
- Often done via surveys, electronic health records, or medical chart reviews
- Cohorts
- Associations between variables can be established, but not causality
  - Individuals with different characteristics may also differ in other ways that influence response
- Confounding variables (lurking variable)
  - Variables associated with both the explanatory and response variables



# Observational studies: prospective vs. retrospective studies

Some studies can have prospective and retrospective data!

## Prospective

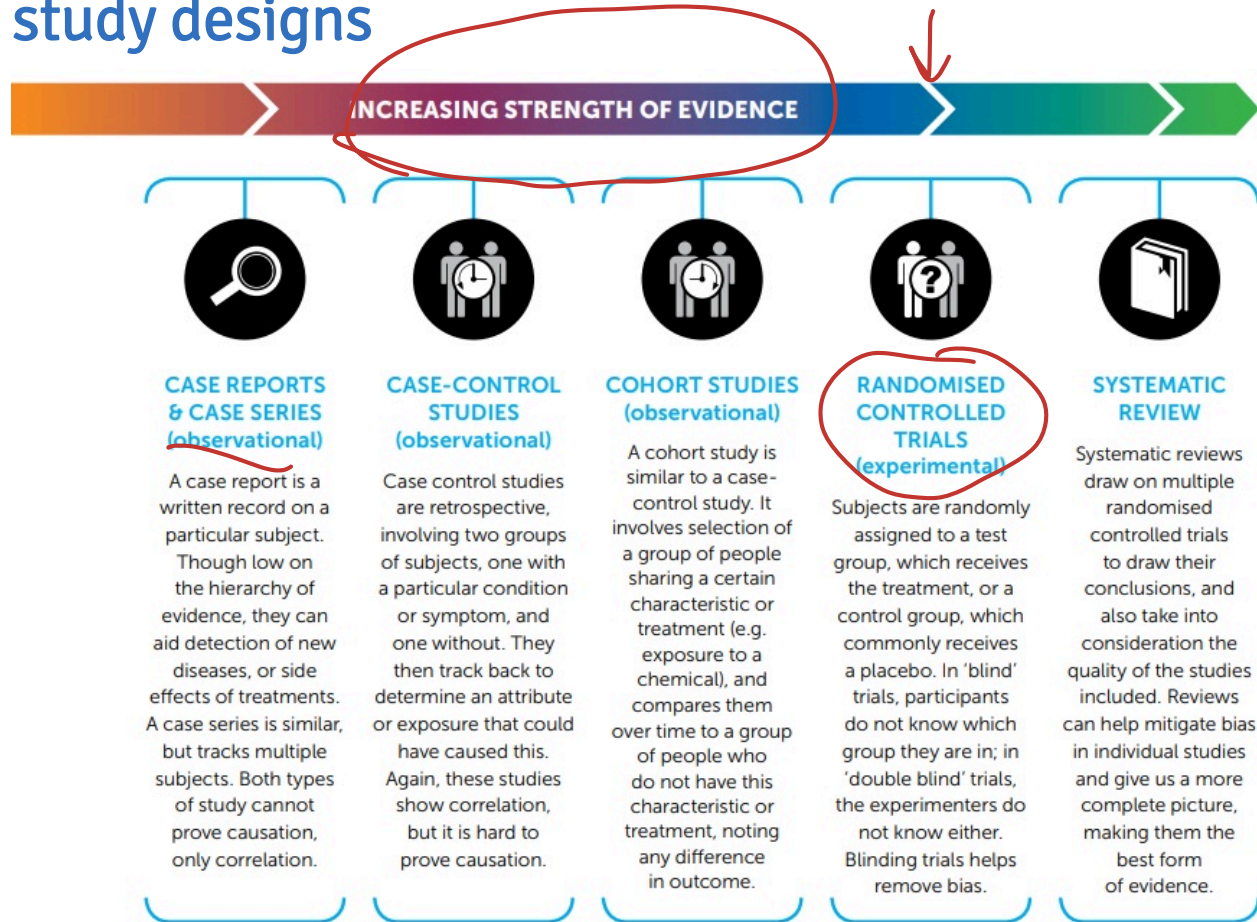
- Identifies participants and collects information **at scheduled times or as events unfold.**

## Retrospective

- Collect data **after events have taken place**, such as from medical records

**Example:** The Cancer Care Outcomes Research and Surveillance Consortium (CanCORS) enrolled participants with lung or colorectal cancer, collected information about diagnosis, treatment, and previous health behavior (retrospective), but also maintained contact with participants to gather data about long-term outcomes (prospective).

# Comparing study designs



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## Poll Everywhere Question 4

